



Arabian Courtyard Hotel & Spa holds a successful Grandma's Recipe contest

The winning dish Muthi Kabab will be part of Mumtaz Mahal's menu

Dubai, UAE (15h June, 2015): Arabian Courtyard Hotel & Spa, located in the heart of the ancient cultural district of Dubai, announced today the successful conclusion of the 7th Grandma Recipe Contest at Mumtaz Mahal restaurant with Lubna Asif as top winner followed by Fahmeena Yasmeen and Zaitoon Hameed as runners-up.

With over 70 recipes entered and only 10 shortlisted finalists, the event reached new heights when this year saw Asif Shahzad Siddiqi as the first male finalist in the 7-year history of Grandma's Recipe contest. This year also saw entry of younger participants such as Ms. Simran Bodha, the youngest competitor and finalist at 17 years old.

The judges for the contest were renowned food critics and bloggers, writer and chef namely Ms. Ishita Saha, Debbie Rogers, Ritu Chaturvedi and Chef Glen Ferdinand, Executive Chef at Arabian Courtyard Hotel and Spa who all selected the top three winners from the 10 chosen candidates.

This year's winning recipe is Muthi Kabab which will be part of award-winning Mumtaz Mahal restaurant menu, followed by Shahi Khazana and Angaray Jhinga Yakhni with Promegranate Raita.

Habib Khan, General Manager of Arabian Courtyard Hotel & Spa, said "We are delighted to hold this special event and warmly congratulate the participants and the winners of our Grandma's recipe contest. The creativity and dedication observed by these participants while cooking is remarkable and according to me all of them are the winners. We started this contest seven years ago with an aim to reach out to all the aspiring chefs especially housewives and individuals who take pride in exhibiting their culinary skills to a larger audience. We are proud to say that every year the magnitude of the contest is growing and exceeding our expectation."

The variety of contestant dishes included Muthi Kabab, Stringhopper Biryani Srilankan Style, Khekada Kadhi (Crab Curry) Kohapuri Ruler Style, Paneer Dumplings Curry, Boneless Chicken Handi Desi Style, Lahori Chatkhara Pakistani Style, Chicken Adobo Roulade, Shahi Khazana, Angaray Jhinga Yakhni with Promegranate Raita and Birasta Fish. The participants demonstrated exceptional culinary skills in the four-hour cooking contest on the final day.

The 7th Grandma Recipe Competition was officially sponsored by Meena Jewelers, one of the oldest gold and diamond jewellery traders in the Middle East region. Others sponsors were Deal Time and Lindt Swiss Chocolates.

About Arabian Courtyard Hotel & Spa:

Set in the historic heart of Dubai, Arabian Courtyard Hotel & Spa is inspired by old Dubai's heritage it offers a unique experience which is a combination of warm Arabic hospitality and state-of-the-art amenities designed to cater to both tourists and business travelers. It is opposite Dubai Museum and

is a stone's throw-away from the famous Dubai Creek and the timeless Souk Al Kabir, more commonly known as Meena Bazaar. At a walking distance to Historic Bastakiya, Bank Street, Diplomatic Area, Computer Street and Port Rashid, this hotel is just 6 kilometers away from Dubai International Airport. It offers a splendid accommodation of 173 tastefully furnished rooms, including 41 executive rooms and 23 suites with non-smoking and interconnecting rooms also available. The hotel offers all business services and conference / meeting rooms as well as a variety of dining options. A fully equipped health club, temperature controlled swimming pool, sauna, Jacuzzi and a Wellness Spa complete the picture.

